



The Association for Pastoral Care in Mental Health

# The Rainbow

Drop-in Club

Every Monday 7-9pm

The Rainbow provides a **safe** and friendly place for anyone recovering from **mental health issues**. Come along and **enjoy** a **chat** and some refreshments or maybe take part in a game of chess, cards or Scrabble with other members.

All Welcome!

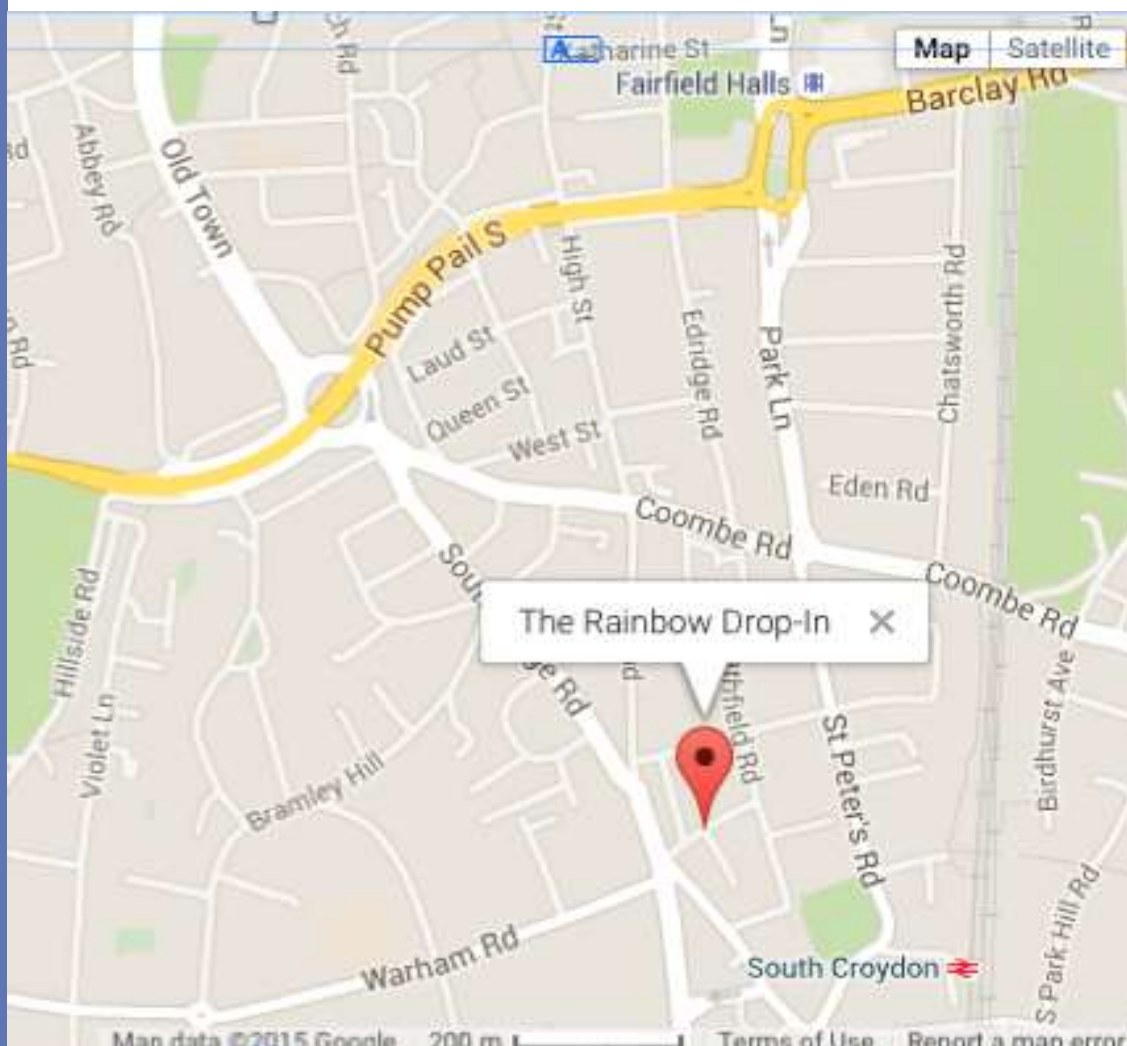
South Croydon Day Centre, Ledbury Road, South Croydon CRO 1EP.

# The Rainbow

## How to find us



We are situated on Ledbury Road, just off South End Road about 50yds down on the right hand side. **Buses 60, 166, 312 407 and 466** all stop on South End Road a few minutes walk away. Bus number **468** also stops nearby on Warham Road.



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For general enquiries please call Croydon APCMH Office on 020 8654 4010.

Please note there is a charge of 50p per drop-in session.

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