

The Association for Pastoral Care in Mental Health www.apcmhcroydon.co.uk

Women's Group Drop-in Club

Every Tuesday 12 - 2 pm

The Women's Group provides a **safe** and friendly place for anyone recovering from **mental health issues**. Come along and **enjoy** a **chat**, refreshments and a light lunch. You can also take part in craft activities with other members.

All Welcome!

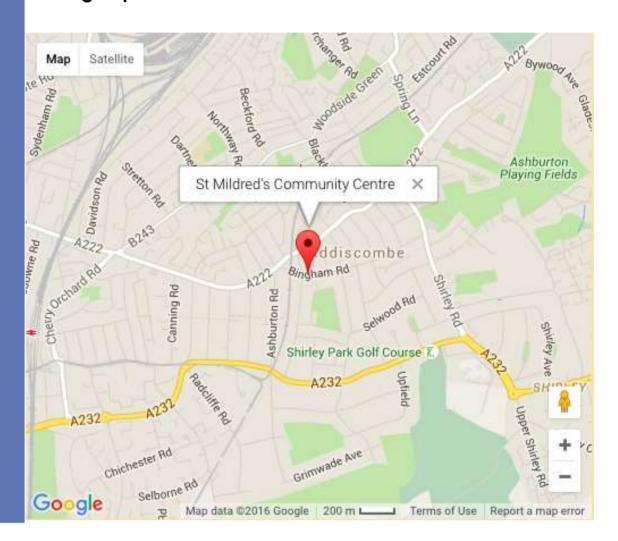
www.apcmhcroydon.co.uk

How to find us



The nearest tram stop is Addiscombe. Buses 130, 367 and 289 stop at the end of Bingham Road and St Mildred's is a short walk.

The group is held in the Small Hall.



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For general enquiries please call Croydon APCMH Office on 020 8654 4010.

Please note there is a charge of £2 per drop-in session to cover tea/coffee and lunch.

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